DAWES FRETZIN DERMATOLOGY GROUP LLC

Topical Treatment for Precancerous Skin Lesions

Your provider has recommended topical treatment of your precancerous sun induced lesions (actinic keratoses) or superficial skin cancer. Please follow the instructions provided below:

___ Aldara ___Carac ___Efudex ___Solaraze ___Zyclara ___Other

The designated treatment area for your skin is:

___ Face ___Arms ___Scalp ___Chest ___Legs ___Back

___Individual lesions as listed here: _____

Apply a thin coat of medicine to the designated treatment area(s) as directed for the specified length of time:

___ Once daily _____ days
___ Twice daily _____ weeks
___ Three times a week _____ months
___ Five times a week

Your provider may wish to use a second prescription product during or after your treatment to aid in the healing process.

_____: Apply ____x/day _____ treatment for ____weeks.

The use of this medicine frequently results in a mild to severe stinging or burning sensation. After five to ten days of treatment, the sun-damaged parts of treated skin become red and irritated. As treatment is continued, sores and crusting may appear. These raw areas result from the destruction of defective skin cells and are a necessary part of treatment. They can be covered with a dressing if you prefer. Treated skin should normally be very carefully protected from the sun. Many are able to use make-up over the cream, but it can sometimes sting.

When treatment is stopped the skin heals rapidly. It takes two to four weeks for healthy new skin to replace the sun-damaged skin destroyed by the cream. After healing, the treated areas are often more red than normal and may feel more sensitive; this redness and sensitivity will gradually fade over a few weeks. Occasionally it persists for several months but normal make-up can be used to cover it if desired.