

## **Botulin Post-Op Instructions**

### **INSTRUCTIONS AFTER INJECTION**

Most physicians advise their patients to stay in the upright position for 3-4 hours after the treatment. Do not manipulate the area of the injection for 3-4 hours. It is advisable to forcibly and repeatedly use the treated muscles (by looking surprised or concerned, or squinting frequently) in the first 1 hour after the injection to get a better result. You should report any side effects of unusual symptoms to the office immediately.

### **SIDE EFFECTS**

Temporary bruising and/or swelling are the most common side effect. Ice packs may be administered for 10-15 minutes every 2-3 hours in the first 24 hours if these events occur. Transient numbness or headache may occur. In rare cases, depending on site of the injection and the technique used, the liquid substance will migrate into another area and cause a temporary weakness of nearby muscle. In very rare cases, there can be drooping of the upper or lower eyelid. Because the effects of botulin toxin are completely reversible, any side effects are temporary, generally lasting only a few weeks. The risk of any side effect depends on the area injected. Your doctor will discuss this with you in length before your treatment.

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