

Acne Surgery

What is Acne Surgery?

Acne surgery is the process of exfoliating with either a light chemical or an enzyme to remove the top dead layers of skin. After this process is completed, the esthetician will perform extractions; removing closed and open comedones (blackheads) that appear under the skin and open on the surface. If needed, draining of other inflamed pustules and cysts are completed as well. Finally, an ultrasonic device is used to kill bacteria and for deep pore cleansing. Acne Surgery provides better penetration of your topical and oral medications yielding clearer skin.

Is Acne Surgery covered by insurance?

In most cases this procedure is covered by insurance. You may contact your insurance carrier and supply them with the following codes to insure proper coverage:

- Diagnosis code: L70.0
- Procedure code: 10040

We do not verify coverage for you nor do we send determination letters in advance. If for some reason, your carrier is requesting information, you may contact our billing office and they can help you. If you choose to have the procedure without prior approval our office will process the claim and provide any documentation needed to verify the necessity of the procedure.

Where is it performed?

In our Indianapolis North office at 8103 Clearvista Parkway, Indianapolis, IN 46256.

How do I prepare for this procedure?

Three days prior to the procedure stop all retinoid products, Retin A (tretinoin), Veltin, Epiduo, Differin (adapalene), Tazorac, and Ziana. Please avoid Benzoyl Peroxide cleansers as well. Skin should not be dry, flaky or red. If you are having problems getting your skin hydrated, use CeraVe or Cetaphil lotion or cream twice daily. Avoid sunburns and sunbanning.

How will I look after the procedure?

You will have some mild to moderate redness which will subside within a few days depending on the severity of the acne. Most people have no problems continuing with their normal activities following the procedure.

What are my post-care instructions?

Cleanse skin with a gentle cleanser, moisturize and use sunscreen daily. After redness and peeling have subsided, you may resume your topical medications. Be sure to always keep your skin hydrated while using any retinoid products.